

# PRECAUTIONS BEFORE SURGERY

*PRE-OP INFORMATION*



# IMPORTANT THINGS YOU NEED TO KNOW

## PRIOR TO HAVING SURGERY

### ***PRIOR TO IV SEDATION***

*If surgery includes IV sedation, there are mandatory and life-threatening precautions that each patient must be aware of and follow prior to arriving at our office.*

*These precautions include:*

- The patient cannot have anything to eat or drink (including water) for 6 hours prior to the appointment.*
- Routine oral medications can be taken with a minimal sip of water, unless other instruction has been given.*
- No smoking is recommended for at least 12 hours before surgery. It is ideal to cut down or to stop smoking as soon as possible prior to the day of surgery.*
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, drive the patient home, and remain with the patient for the duration of the surgery day.*
- We ask that the patient wears loose-fitting clothing with short-sleeves, and low-heeled shoes.*
- The office should be notified prior to the appointment if there is any illness such as a cold, sore throat, or stomach upset.*
- The patient cannot drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.*

### ***DO YOU HAVE A COLD?***

*If you have been ill with any upper respiratory illness, flu, sore throat, cold etc. we will have to cancel your appointment until you have been symptom free for 7 days.*

*Dr. Chisdak requires this cancellation due to the risks associated with having a surgical procedure if there is any illness present. Please contact our office if or when you become ill, so that we can cancel your appointment until you are symptom free.*

*Thank you for your understanding and cooperation with this important safety issue.*

*Contact us at 406-587-0767 to cancel your appointment.*